

Yale University SIPS Screening Test

For accurate results, you must be entirely honest in your response to all twelve questions in this test. The test can be scored at the web site where you downloaded this SIPS test from.

To complete the test, circle (using a pen or pencil) the response listed below the statement that best represents your level of agreement with the prior statement.

1. I think that I have felt that there are odd or unusual things going on that I can't explain.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

2. I think that I might be able to predict the future.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

3. I may have felt that there could possibly be something interrupting or controlling my thoughts, feelings, or actions.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

4. I have had the experience of doing something differently because of my superstitions.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

5. I think that I may get confused at times whether something I experience or perceive may be real or may be just part of my imagination or dreams.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

6. I have thought that it might be possible that other people can read my mind, or that I can read other's minds.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

7. I wonder if people may be planning to hurt me or even may be about to hurt me.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

8. I believe that I have special natural or supernatural gifts beyond my talents and natural strengths.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

9. I think I might feel like my mind is “playing tricks” on me.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

10. I have had the experience of hearing faint or clear sounds of people or a person mumbling or talking when there is no one near me.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

11. I think that I may hear my own thoughts being said out loud.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree

12. I have been concerned that I might be “going crazy”.

- Definitely disagree
- Somewhat disagree
- Slightly disagree
- Not sure
- Slightly agree
- Somewhat agree
- Definitely agree